College of Pharmacists of Manitoba

200 Tache Avenue, Winnipeg, Manitoba R2H 1A7
Phone (204) 233-1411 | Fax: (204) 237-3468
E-mail: info@cphm.ca | Website: www.cphm.ca

Practice Direction
Sale of NAPRA Schedule 2 Drugs
(non-prescription, pharmacy only sale)

1.0 Scope and Objective:

1.1 Expected Outcome

This document is a practice direction of Council concerning the sale of drugs listed in "Schedule 2 of the Manual" through the authority of The Pharmaceutical Regulations to *The Pharmaceutical Act* and *The Pharmaceutical Act*.

1.2 Document Jurisdiction (Area of Practice)

Schedule 2 drugs can only be distributed from the dispensary of a licensed community pharmacy as described under section 84(1) of the regulations.

1.3 Regulatory Authority Reference

In this practice direction, the term Schedule 2 drugs means all the drugs listed in section 84(1) of the regulations which includes:

a) any drug listed in Schedule 2 of the Manual; or
b) a drug with pseudoephedrine as the single active ingredient (refer to quantity limits in section 84(2)).

2.0 Practice Direction

2.1 Schedule 2 drugs may be sold without a prescription and are available only from a licensed pharmacist in an area of the dispensary with no public access and no opportunity for patient selection.

2.2 A licensed pharmacist must enter into dialogue with the patient or designate seeking to purchase or treat a condition using a Schedule 2 drug.

2.3 When engaging in a dialogue, the licensed pharmacist should gather specific information such as:

- 2.3.1 the condition or symptom(s) to be treated;
- 2.3.2 any previous history of complaint given as well as length of present symptoms;
- 2.3.3 current and relevant information regarding disease state(s), allergies and/or sensitivities;
- 2.3.4 current medications; and/or
- 2.3.5 other medications or therapies previously tried.

2.4 Dialogue must occur in a confidential manner.

2.5 A pharmacist may need to access and review the patient's health record in the Drug Program Information Network (DPIN) for further information or clarification before recommending a therapy.

2.6 The licensed pharmacist will enable the patient to make a choice and will discuss:

- 2.6.1 if recommending a drug therapy, directions for proper use and length of therapy, common adverse effects, and expected response or outcome or benefit(s);
- 2.6.2 non-drug treatments, if any;
- 2.6.3 follow-up with the licensed pharmacist or another health care professional if there is no improvement or if symptoms change or worsen;
- 2.6.4 the need for referral to another health care professional if the condition or symptom(s) are deemed to be serious in nature; if unsure of the diagnosis or if the situation cannot be appropriately treated with non-prescription drugs; and
- 2.6.5 the need for further dialogue with the patient directly (if a designate is involved or if a drug product is being delivered).

2.7 A licensed pharmacist will document the patient interaction and any recommendation(s) in the patient's health record if deemed appropriate.

2.8 In addition to the above, pharmacist providing a schedule 2 codeine containing product, as authorized under section 36 of the Narcotic Regulations under the

College of Pharmacists of Manitoba

200 Tache Avenue, Winnipeg, Manitoba R2H 1A7
Phone (204) 233-1411 | Fax: (204) 237-3468
E-mail: info@cphm.ca | Website: www.cphm.ca

Controlled Drugs and Substances Act, the pharmacist must have reasonable grounds for believing the product will be used by the person for a recognized medical or dental purpose.

2.9 A licensed pharmacist may refuse the sale of a Schedule 2 Drug.

3.0 Compliance Adjudication

All documentation must be readily accessible and open to regulatory review.

4.0 Appendices

Not applicable

A Practice Direction is a written statement of a regulatory position made by Council for the purposes of giving direction to members and owners about the conduct of their practice or pharmacy operations.

A Practice Direction carries similar legal weight to a Regulation under the Act and compliance by all Manitoba pharmacists and pharmacy license holders is expected.

The process for development, consultation, implementation, appeal and review is been published on the College website.

Development Source:	Standards of Practice Committee
Regulatory Reference:	Sec 84(1), *The Pharmaceutical Regulations*
Consultation Close:	September 17, 2013
Authorized by Council:	September 30, 2013
Effective Date:	January 1, 2014
Revised:	
Review Due:	