



DECEMBER 2012

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VISION

Creating the Framework for
Excellence in Pharmacy Practice

MISSION

To protect the health and well being of the public by
ensuring and promoting safe, patient centered and
progressive pharmacy practice.

VALUES

The MPhA activities are based on the following
values and are the foundation of what we do:

- ~ Integrity ~ Respect ~ Excellence
- ~ Accountability ~ Collaboration
- ~ Life Long Learning

The Manitoba Pharmaceutical Association

NEWSLETTER

200 Tache Avenue, Winnipeg, Manitoba, Canada R2H 1A7
Telephone (204) 233-1411 • Fax (204) 237-3468 • Email: info@mpha.mb.ca
Website: www.mpha.ca

Last Reminder to Renew Your Licence for 2013 Practicing Year

We would like to remind all members that November 30th, 2012, was the last day to renew your licence for the upcoming 2013 year. After November 30th, 2012, there is a 50 percent increase in licensing fees. This is a reminder that anyone who is practicing from January 1, 2013, onward without renewing their licence, will be referred to the Complaints Committee for review.

We remind members that they must carefully review the declarations in the licence renewal because failure to respond accurately could delay their 2013 licence.

All pharmacy managers are also reminded to renew their pharmacy licence by logging onto the mpha.ca website as a pharmacy manager and following the steps to renew the pharmacy licence. If you have any questions about licence renewal, please contact Bev Robinson at (204) 233-1411 or email brobenson@mpha.mb.ca

- included in this mailing*
- NAPRA National Drug Schedules Notice Board
 - CADTH Corner:
 - Uncharted Territory for Those with Schizophrenia
 - Understanding Generic Drugs
 - 2013 Young Leaders Award Application Form
 - eChart Manitoba Benefits Manitoba's Healthcare Provider

Seasons Greetings
from Council & Staff of the
Manitoba Pharmaceutical Association

Holiday Hours

December 24 ~ 8:30 - NOON
December 25 & 26 ~ CLOSED
December 27 & 28 ~ OPEN
December 31 ~ OPEN
January 1 ~ CLOSED



Message from Kyle MacNair, President The Manitoba Pharmaceutical Association



As we reach the end of another licensing year, we are happy to report a large number of our members are going paperless by using the new online Professional Development Log. The online Professional Development Log will be the only way to record professional development activities in 2013. Pharmacists will be able to record their learning activities electronically throughout the year, removing the need to submit anything to the MPhA office for licence renewal. This supplements our already mandatory online licence renewal by making the whole licence renewal process more streamlined and efficient. These automated tools are enhancing our licence renewal process.

I encourage members to attend programs made available by the MPhA for continued professional development in preparation for the changing pharmaceutical profession in Manitoba. In particular, the MPhA is offering another Administration of Injections Training Workshop on January 19, 2012. This is the third workshop of its kind to train pharmacists for the enhanced scope of practice when the new *Pharmaceutical Act* is proclaimed.

The MPhA continues to work with representatives of Manitoba Health and Manitoba Justice on the regulations drafting work in support of the 2006 *Pharmaceutical Act*. The drafting process, although gradual, continues to move forward with the current plan to split the document into two sections to better manage and expedite the review and drafting process. The team has been working on the updated version of the first section for a planned distribution to the members and stakeholders upon receiving the final draft from Manitoba Justice expected in the coming weeks. A companion document will be provided with the draft regulations explaining the changes from the October 2010 Regulations Policy Document approved by the members. Each of the two sections will be distributed to the members for their review.

Concurrent with regulation work, the drafting of Practice Directions is also ongoing. Council has approved the following practice directions for member consultation (linked below) at the June Council meeting:

- [Standard #1: Act Professionally](#)
- [Standard #2: Patient Relationship](#)
- [Standard #7: Prescribing](#)
- [Standard #8: Prescribing and Dispensing](#)

Review of these practice directions will be included on the agenda at the next Special General Meeting (date to be determined).

The MPhA staff and Council are working continuously to draft these regulations as quickly as possible all the while ensuring the proper steps are in place to advance patient care and enhance the role of the pharmacist in Manitoba.

Lastly, I would like to take this opportunity to wish you all a safe, healthy and prosperous new year on behalf of council and me personally.

Kyle MacNair, BSc.Pharm, ACPR
President, Manitoba Pharmaceutical Association

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Subscribe to MedEffect e-Notice

It is imperative that pharmacists are kept informed of the latest safety information for drugs and other health products. To do so, pharmacists should subscribe to MedEffect e-Notice to receive Health Canada Advisories, Warnings and Recalls and the Canadian Adverse Reaction Newsletter (CARN) electronically as they are issued directly from Health Canada. The MPhA has been informed that Health Canada will no longer be distributing CARN in printed form which makes it even more important for pharmacists to subscribe to MedEffect e-Notice if they have not already done so. To subscribe to MedEffect e-Notice, go to <http://www.hc-sc.gc.ca/dhp-mps/medeff/index-eng.php>.

Pharmacy managers are reminded to continue to maintain a communication system within the pharmacy that allows for all important notices from the MPhA and other organizations such as Health Canada to be communicated to pharmacy staff.

Administration of Injections Practical Skills Training January 19, 2013

The Manitoba Pharmaceutical Association will be holding the next Administration of Injections Practical Skills Workshop on Saturday, January 19, 2013, from 8:00 a.m. 4:30 p.m. at the Faculty of Nursing, University of Manitoba, Fort Garry Campus in Winnipeg.

This past September, 105 members of the Manitoba Pharmaceutical Association (MPhA) participated in the Administration of Injections Practical Skills Workshops and successfully completed the Administration of Injections Training Program for Manitoba Pharmacists. The program is presented by the MPhA in collaboration with the University of Manitoba Faculty of Pharmacy and Faculty of Nursing to teach the participants how to administer subcutaneous, intramuscular, and intradermal injections and immunizations.

The workshop days start with a brief review of the learning modules participants completed in advance of the workshop, and an introduction to the seven rights of medication administration, landmarking, and injection technique. After the didactic presentations by Casey Sayre of the Faculty of Pharmacy and Theresa Bowser of the Faculty of Nursing, participants spend the rest of the day on the practical portion of the workshop. Pharmacists are able to apply theory and receive hands-on training to practice their new skills. Participants successfully demonstrate an intramuscular (IM) and subcutaneous (SQ) injection on one of their peers in order to complete the practical skills workshop.

Prior to attending the workshop, participants are required to complete the online CCCEP-accredited program entitled, "Immunization Competencies Education Program" (ICEP), the Manitoba Specific Module which is made available on the Advancing Practices website, and possess valid certification in CPR Level C or Level HCP and Emergency or Standard First Aid from an accredited training program. All participants will be required to sign and submit a waiver before attending the workshop, stating that they are consenting to provide an injection to another participant and also serving as a volunteer patient (and receive an injection by another participant).

Pre-registration is required by calling the MPhA office at (204) 233-1411 or emailing pgordon@mpha.mb.ca no later than January 14, 2013. Space is limited, so register today! For more information and workshop prerequisites, please see the program announcement on the MPhA website under "Professional Development Programs" (Or click [here](#))

Please remember that pharmacists will not be permitted to administer injections until the December 2006 *Pharmaceutical Act* is proclaimed, even if they have successfully completed all the requirements. Only once all of the supporting legislation is in place, final regulations are approved by the members and proclaimed by government, can this area of practice be implemented. Once the legislation is in place, only members who have successfully completed the training program, and hold a practicing licence, will be able to administer injections in Manitoba.

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Dextromethorphan Abuse In Youth

Abuse of Dextromethorphan by youth as well as public concern about the ease of access by this age group has recently been reported to MPhA. Dextromethorphan is a safe medication for cough suppression at recommended doses however, when taken at excessive doses; abusers experience a "high". It is popular with youth because it is inexpensive and easily accessible while providing the desired intoxicated state. Various internet sites provide information on how to abuse the medication and it is known by various street names robo, DXM and triple C. Dextromethorphan overdose produces toxic effects such as euphoria, impaired speech and perception, nausea, drowsiness and dizziness at a lower plateau level and hallucinations and psychosis at a higher plateau level.

An additional concern is acetaminophen toxicity and potential liver damage when a person ingests high doses of combination cough and cold products. As cough and cold products are available in the self-selection area of the pharmacy, it is important that all employees be made aware of the potential for abuse of cough and cold products especially by this segment of the population. Youth trying to purchase these products should be directed to the pharmacist for assistance and to intervene in the sale when necessary. In areas where abuse has been noted, a proactive measure may be to move Dextromethorphan cough medications into the dispensary.

2012 Award Winners White Coat & Student Recognition Ceremony

MPhA Gold Medal: Kaley Kawchuk

MPhA Silver Medal: Arleigh Maddison

MPhA President's Prize Christopher Sochan

William Eamer/MPhA Entering: Jenna Hawkins

William Eamer/MPhA 1st year: Ryan Persaud

William Eamer/MPhA 2nd year: Ashley Ewasiuk

William Eamer/MPhA 3rd year: Jordan Nash

MPhA Silver Medal in 3rd Year Pharmacy: Devin Ross

Stewart G. Wilcox: Heidi Marschall

OUTSTANDING TEACHER AWARDS:

Nancy Kleiman ~ 1st Year

Lean Chee ~ 2nd Year

Sheryl Zelenitsky ~ 3rd Year

Lavern Vercaigne ~ 4th Year

PRECEPTOR OF THE YEAR AWARDS:

Danuta Bertram ~ Hospital Preceptor of the Year

Loblaws #1512 Pharmacy Team of the Year

Bobby Currie ~ Community Preceptor of the Year

Heather Dean ~ Electives Program Preceptor of the Year

Nominations Now Open for the 2013 MPhA Awards!

The Manitoba Pharmaceutical Association is pleased to invite nominations for the upcoming 2013 MPhA Awards. Recognize a Manitoba pharmacist for their contribution to the profession by nominating them for one of the following awards:

The Pharmacist of the Year

Bowl of Hygeia

Bonnie Schultz Award for Pharmacy Practice Excellence

Honorary Life Member

Patient Safety Award

Honorary Life Membership

Honorary Membership

Centennial Award

Who will you nominate this year? To view the 2013 Awards Nominations Brochure, please click [here](#). Awards will be presented during the Manitoba Pharmacy Conference which takes place April 5th to 7th, 2013. For additional information regarding the conference, please visit www.mbp-pharmacy-conference.com or contact the Manitoba Society of Pharmacists at (204) 956-6688.

Mr. Pharmacy Pageant Holiday Fundraiser

On November 16, 2012, the University of Manitoba Pharmacy Student Association (UMPHSA) and Canadian Association of Pharmacy Students and Interns (CAPSI) organized the first ever faculty and student hosted Mr. Pharmacy Pageant Holiday Fundraiser at the Ambassador Ballroom, Canad Inns Hotel.

This year the two combined their annual Christmas party with a "Movember" foundation fundraiser in support of male health month. They hosted the very first Mr. Pharmacy Pageant. It was an all male, pharmacy student, beauty pageant that was celebrated in many schools across Canada. The categories of this pageant included: a pill counting competition, professional wear, talent competition, and an ethical Q and A presented by MPhA Registrar, Ronald Guse. Congratulations to third year student, Jeff Ngo, the winner of the pageant.

The UMPHSA is the student body that organizes and plans student events for students in the Faculty of Pharmacy. CAPSI was developed to promote and advocate the interests of Canadian pharmacy students before organized bodies in pharmacy, other professions, government, industry, hospital and the community.

The total money raised was **\$2870.00** and went to prostate cancer research. Mr. Pharmacy embraces all aspects of the profession of pharmacy including charm, elegance, confidence and professionalism.



focus on patient safety

Building an awareness for the systems that can lead to adverse events and changing the culture from “blaming” to reporting and learning from medication adverse events are some of the key steps in addressing patient safety in pharmacy practice. It is hoped that this column may facilitate taking those key steps.

The MPhA Quality Assurance (QA) / Continuous Quality Improvement (CQI) Program: Grounded in Patient Safety

The MPhA is responsible for ensuring patient safety and promoting the provision of quality, patient-centred pharmacy care. One of the ways in which we do this is through the pharmacy QA self-assessment and inspection process. The goal of the MPhA QA/CQI Program is for each pharmacy manager to perform a QA self-assessment on an annual basis and for an onsite inspection and practice review to be conducted at the pharmacy at least once within a 5-year period.

Pharmacy QA Self-Assessment and Inspection Process

The pharmacy QA self-assessment and routine onsite inspection process has been designed to review those areas of the pharmacy operation that can impact patient safety. We understand that planning for an upcoming MPhA inspection can at times, be somewhat overwhelming in a busy pharmacy. For this reason, we have developed the following 4-step process to help guide you in preparing for an upcoming inspection.

STEP 1

Pharmacy Self-Assessment - Prior to the onsite inspection by the MPhA, it is important for the pharmacy manager to conduct a QA Self-Assessment of the pharmacy. The Pharmacy QA Self-Assessment is found on the MPhA website at http://mpha.in1touch.org/uploaded/38/web/documents/Self_Assessment_March2009.pdf

This tool allows for valuable self-reflection on current pharmacy operations and compliance with the pharmacy standards. It is important to answer the assessment accurately and openly to determine if your pharmacy is 1) compliant, 2) uncertain if compliant or 3) needs help to be compliant in the various practice areas.

The self-assessment should be seen as an opportunity to identify those areas of pharmacy operations where improvements should be made. In this respect, the MPhA Inspector can serve as a valuable resource to address those areas and suggest changes before problems arise.

STEP 2

Pharmacy Standards and Guidelines - Review the pharmacy standards of practice and guidelines for your type of pharmacy practice; Community, Hospital or Personal Care Home. If the pharmacy provides methadone to even just one patient, pharmacy staff must be aware of and adhere to the Guidelines for the Provision of Methadone (refer to Practice Advisories for Patient Safety in this issue of the Newsletter). Applicable legislation, standards of practice and guidelines are located on the MPhA website at www.mpha.ca under “Pharmacy Practice”.

STEP 3

Pharmacy Policy & Procedure Manual Each pharmacy policy and procedure manual must be complete and current. The mandatory contents for a pharmacy policy and procedure manual can be found on the MPhA website at <http://mpha.in1touch.org/uploaded/38/web/documents/P-and-P-Minimum-Requirements-2004-06-21.pdf> Proper policies and procedures regarding documentation of patient care interventions and responding to and reporting medication incidents are critical. Reviews and revisions of the pharmacy's policies and procedures should be noted and dated.

STEP 4

Reports - Prior to the onsite visit by MPhA staff, it is important to ensure you have the following records prepared and readily available:

- Monthly reportable Narcotic and Controlled Drug sales reports
- Narcotic and Controlled Drug and Targeted Substance drugs acquisition records
- Narcotic and Controlled Drug perpetual inventory records

By following this 4-step process, pharmacy managers and their staff can be confident that the onsite inspection process will go smoothly, outstanding issues will be addressed in the most efficient and effective way possible and pharmacy operations will meet standards of practice necessary to provide quality patient care and improve patient safety.



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Canadian Medication Incident Reporting and Prevention System (CMIRPS)

CMIRPS is a national voluntary medication incident and 'near miss' reporting program founded for the purpose of sharing the learning experiences from medication errors. Implementation of preventative strategies and system safeguards to decrease the risk for error-induced injury and thereby promote medication safety in healthcare is our collaborative goal.

Medication incidents (including near misses or good catches) can be reported to ISMP Canada:

- (i) through the website:
http://www.ismp-canada.org/err_report.htm or
- (ii) by phone: 416-733-3131 or toll free: 1-866-544-7672

ISMP Canada guarantees confidentiality and security of information received, and respects the wishes of the reporter as to the level of detail to be included in publications.

Institute for Safe Medication Practices Canada (ISMP Canada)

4711 Yonge Street, Suite 501, Toronto, ON M2N 6K8
416-733-3131 or 1-866-544-7672 (1-866-54-ISMP)
Email: info@ismp-canada.org
Website: www.ismp-canada.org

ISMP Canada Newsletter Subscriptions

ISMP Canada Safety Bulletins are designed to disseminate timely, targeted information to reduce the risk of medication incidents. The purpose of the bulletins is to confidentially share the information received about medication incidents which have occurred and to suggest medication system improvement strategies for enhancing patient safety. The bulletins will also share alerts and warnings specific to the Canadian market place.

The following ISMP Canada Safety Bulletins have been issued since the last issue of the MPhA Newsletter.

2012 - ISMP Canada Safety Bulletins

- Vol. 12 Issue 10 - ALERT: Errors with Prefilled Saline Syringes When Used to Reconstitute or Dilute Medications

2012 - SafeMedicationUse.ca Safety Newsletters and Alerts for Consumers

- Reminder: Take Care with Clear Care!
- Take Steps to Prevent Mix-ups with Pets' Medicines!
- Are You Taking the Right Amount of Water With Your Medicine?
- ALERT: Take Care with Medicine Patches!
- Preventing Harm from Drug Interactions: Consumers Can Play an Important Role

All issues of the ISMP Canada Safety Bulletins, including those issued in previous years, are freely downloadable from the ISMP Canada website at www.ismp-canada.org.

ISMP Canada is pleased to distribute the *Medication Safety Alert!* (US) newsletters along with **ISMP Canada Safety Bulletins** to Canadian practitioners and corporations. To subscribe and for more information on all ISMP Canada's publications, events and services visit the ISMP Canada website at www.ismp-canada.org.

If you have made changes in your pharmacy, which focus on patient safety that you would like to share with your colleagues, please contact Susan Lessard-Friesen at 204-233-1411.

In Memoriam

Stuart Douglas, Deceased: October 11, 2012
Archie Orlikow, Deceased: December 6, 2012

This NEWSLETTER is published by The Manitoba Pharmaceutical Association and is forwarded to every licensed pharmacist in the Province of Manitoba. Decisions of the Manitoba Pharmaceutical Association regarding all matters such as regulations, drug related incidents, etc. are published in the Newsletter. The Manitoba Pharmaceutical Association therefore assumes that all pharmacists are aware of these matters.

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Practice Advisories for Patient Safety

Part of the Council's commitment to enhance the quality of care and patient safety in Manitoba pharmacies was to instruct the Chair of the Complaints Committee to issue a report following meetings of the Committee.

The intent of this report is to inform pharmacists of medication incidents thereby providing an opportunity to relate and reflect upon their own practice with the goal of improving patient safety.

Methadone Dispensing Safety Issues

The MPhA has become aware of a number of practice issues and close calls involving methadone dispensing and therefore wishes to remind pharmacists of the importance of following the "*Principles for the Provision of Methadone by Manitoba Pharmacists*" Guidelines to ensure the safety of methadone patients. The Guidelines can be viewed on the MPhA website at <http://mpha.in1touch.org/uploaded/38/web/documents/FinalCouncilSofPMethadone20110627raf.pdf>

Special considerations include:

- Pharmacists must be knowledgeable in all aspects of methadone use when involved in providing care to patients receiving methadone whether for the purpose of harm reduction in a methadone maintenance treatment (MMT) program or when used to treat pain. In addition, for those pharmacists providing methadone for harm reduction, the expectation is that the pharmacist will also have received specialized training through one of the available courses or programs on the use of methadone in harm reduction within 6 months of initiating care. At a minimum, at least one pharmacist in each pharmacy must possess this specialized training. If this is not possible (i.e. within the first 6 months), a trained pharmacist from another pharmacy must function as a mentor to the pharmacists at this pharmacy until they are trained.
- Manitoba Health has confirmed that the software that generates the critical patient care codes does not recognize pseudo-DINs and therefore the DPIN will not generate critical patient care codes for prescriptions where compounded methadone oral solution is dispensed. As well, drug interactions with compounded methadone will not be flagged. It is therefore important, that for those patients receiving MMT, pharmacists routinely access the patient's DPIN profile to monitor for the dispensing of narcotic prescriptions, controlled drugs, and for interactions with medications filled at other pharmacies.
- For methadone maintenance therapy for harm reduction there should be **only one stock concentration of 10mg/ml** methadone compounded and it should be **coloured faintly blue**.
- All prepared bottles of stock concentrate and patient doses for witnessed administration and carry must be properly labeled at the **TIME of preparation** and also labeled according to the standards.
- A compounding log must be retained to record when stock solutions were prepared, how much was prepared, who prepared the product, and who performed the final check. The lot number and expiry date must be noted on the container.
- Pharmacies need to maintain a patient-specific log of witnessed and take home carry doses including the date, time and both the witnessing pharmacist and patient signatures.
- A patient/pharmacist agreement form must be signed by both parties and kept on file.
- Pharmacists should be aware of situations that should be reported to the prescribing physician such as a patient missing or refusing a daily dose, or a patient appearing intoxicated or exhibiting unusual behavior.

Providing methadone as part of a MMT program at your pharmacy can be challenging yet very rewarding. Required knowledge and specialized training of pharmacy staff in the provision of methadone is fundamental to ensuring patient, public, and staff safety and enhancing patient care. Pharmacy managers have a key responsibility to ensure all pharmacists working in their pharmacy have read, understood and follow the guidelines. Pharmacists who are currently dispensing methadone or who are considering dispensing methadone can contact Kim McIntosh, Assistant Registrar, at the MPhA office at 204-233-1411 for information on available training programs or if they have further questions.

2012 MPhA Annual Golf Tournament

Thank you to the following...

The Manitoba Pharmaceutical Association would like to acknowledge and thank the following sponsors and prize donors for the M.Ph.A. Golf Tournament which was held on Tuesday, September 11, 2012, at the Kingswood Golf and Country Club.

HOLE SPONSORS

The Blando Group - Scotia McLeod
(prize sponsor on 3 Par 3 Holes)
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Thompson Dorfman Sweatman - Jeff Hirsch
Zellers Pharmacy (sponsor of 3 holes)

PRIZE DONATIONS:

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Mr. Harry Shapiro
Norwood Hotel
Ozturk Financial Services
PCGI Consulting Inc.
Procurity Inc.
WOW ! Hospitality Concepts



THE RESULTS ARE:

Tournament WinnerVic Nieckarz
Low Net MaleVic Nieckarz
Low Net Female.....Kerri Rotzien
Low Gross Male.....Gary Nazer
Low Gross FemaleArlene Harlow
Putting Contest.....Don Maksymyk
Closest to the Hole #3.....Alan Lawless
Closest to the Hole #5Scott Jackson
Closest to the Hole #8Colin Lafreniere
Closest to the Hole #17.....Charlie Scerbo
Straightest Drive (Male) #11Harry Shapiro
Straightest Drive (Female) #11Bonnie Coombs

A sincere thank you goes out to all participants, volunteers, staff, hole sponsors and prize donors who made this event a great success.

The surplus of **\$1434.78** will be donated to the Canadian Foundation for Pharmacy (CFP). CFP is a philanthropic organization and its sole objective is the improvement of pharmaceutical care through the raising and allocating of funds for the support of programs in pharmaceutical education, research and service. Committed to excellence, CFP has been a major force in advancing the profession of pharmacy and is supported by individual pharmacists, pharmaceutical manufacturers and pharmacy-related businesses.