



Friday Five

August 9, 2019

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CPR/First Aid Certification Reminder

The College of Pharmacists of Manitoba (College) has a field on the member's homepage where you can enter the expiry dates of your CPR and First Aid certification as a reminder for yourself. The College does not monitor, or update members' CPR and First Aid certification expiry dates and it is the responsibility of every member to ensure your requirements are up-to-date in order to qualify for authorization to administer drugs and vaccines by injection. A calendar notification through Outlook or on a mobile device is one way you can remind yourself when you need to update your training and declare your CPR and First Aid re-certification.

Reminder: Consultation on moving Diphenhydramine and Dimenhydrinate OTC products behind the counter

The College engages with the Office of the Chief Medical Examiner of Manitoba in reviewing cases of death where medications may be involved.

Professional Development Opportunities

Opioid Replacement Therapy 101 Introduction to Clinical Practice
[September 13 & 14, 2019 \(Winnipeg\)](#)
[November 7 & 8, 2019 \(Morden/Winkler\)](#)
[December 5 & 6, 2019 \(Winnipeg\)](#)

[The 28th Annual Palliative Care Conference](#)
September 12 & 13, 2019

[The 23rd Annual Bug Day](#)
October 22, 2019

Online Programs:

[Ordering Lab Tests for Manitoba Pharmacists](#)

Visit www.cphm.ca for more information on [Expanded Scope of Practice](#) training.

[Self-Limiting Conditions](#)

Diphenhydramine and dimenhydrinate are contributing to a rising number of medication-related deaths in the province. Statistics show that diphenhydramine, the primary constituent of dimenhydrinate, was the primary or contributing cause in at least one hundred deaths over the last five years in Manitoba.

These over-the-counter medications (OTC) are easily accessible and have a risk of potential abuse. According to Addictions Foundation of Manitoba, approximately one-fifth of teenagers have said they use OTC medications to experience euphoria. In response, some pharmacies have moved diphenhydramine and dimenhydrinate products behind the counter.

[Pharmacists in Alberta](#) keep dimenhydrinate products behind the counter. Similarly, Prince Edward Island's [Pharmacy Act General Regulations](#) has designated dimenhydrinate and its salts as a Schedule II drug.

College Council is exploring a proposal to move diphenhydramine and/or dimenhydrinate OTC products behind the counter. Your feedback is requested through our [Diphenhydramine/Dimenhydrinate Member and Stakeholder Consultation Survey](#). Please provide your comments to this issue by Tuesday, September 3, 2019.

Message from ISMP: Gathering information about medication disposal practices

ISMP Canada is conducting a survey of Manitoba pharmacists for the Health Product Stewardship Association (HPSA). The goal of the survey is to learn how community pharmacists in Manitoba currently manage the collection and disposal of unused and expired medications from members of the public, the information that is provided to patients and how HPSA can better support pharmacists with the Medications Return Program. The survey closes on August 16. To participate or learn more, please go to bit.ly/2OtB1aW

[Independent Study Program](#)

Visit www.cphm.ca for more information on [Expanded Scope of Practice](#) training.

All PD opportunities are listed on the College website under

[Upcoming Professional Development Opportunities](#)

Canadian Patient Safety Week is October 28- November 1, 2019

The Canadian Patient Safety Institute (CPSI) invites all Canadians – the public, providers and leaders – to become involved in making patient safety a priority.

[Sign up HERE](#) to find out more about this year's theme and how you can help during Canadian Patient Safety Week! Whether you are a member of the public, a healthcare provider, or leader, there are ways you can help prevent harm and promote medication safety.

You can also go to [Canadian Patient Safety Week \(CPSW\)](#) for a list of resources and tools available from the Manitoba Institute for Patient Safety and CPSI you can either order or download. Orders will be taken between **August 7th to September 16th**.

We look forward to the many partnerships this year's CPSW will bring!

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The ***Friday Five*** e-bulletin is published by the **College of Pharmacists of Manitoba** and is forwarded to every licenced pharmacist and pharmacy owner in the Province of Manitoba. Decisions of the College of Pharmacists of Manitoba regarding all matters such as regulations, drug-related incidents, etc., are published in the *Friday Five*. The College of Pharmacists of Manitoba therefore assumes that all pharmacists and pharmacy owners are aware of these matters.

To download a PDF of this e-newsletter, please click [Friday Five & Newsletter](#), on www.cphm.ca.