



# College of Pharmacists of Manitoba

200 Tache Avenue, Winnipeg, Manitoba R2H 1A7  
Phone (204) 233-1411 | Fax: (204) 237-3468  
E-mail: info@cphm.ca | Website: www.cphm.ca

## Practice Direction Sale of NAPRA Schedule 2 Drugs (non-prescription, pharmacy only sale)

### 1.0 Scope and Objective:

#### 1.1 Expected Outcome

This document is a practice direction of Council concerning the sale of drugs listed in “Schedule 2 of the Manual” through the authority of The Pharmaceutical Regulations to *The Pharmaceutical Act* and *The Pharmaceutical Act*.

#### 1.2 Document Jurisdiction (Area of Practice)

Schedule 2 drugs can only be distributed from the dispensary of a licensed community pharmacy as described under section 84(1) of the regulations.

#### 1.3 Regulatory Authority Reference

In this practice direction, the term Schedule 2 drugs means all the drugs listed in section 84(1) of the regulations which includes:

- a) any drug listed in Schedule 2 of the Manual; or
- b) a drug with pseudoephedrine as the single active ingredient (refer to quantity limits in section 84(2)).

### 2.0 Practice Direction

2.1 Schedule 2 drugs may be sold without a prescription and are available only from a licensed pharmacist in an area of the dispensary with no public access and no opportunity for patient selection.

2.2 Schedule 2 drugs must only be sold in a licensed community pharmacy.

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To protect the health and well being of the public by ensuring and  
promoting safe, patient-centred and progressive pharmacy practice.*

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2.3 The sale of Scheduled 2II drugs are not permitted for online sale, as the pharmacist does not have the opportunity to conduct an in-person assessment, or assist with the patient's self-selection.

2.4 A licensed pharmacist must enter into dialogue with the patient or designate seeking to purchase a Schedule 2 drug or treat a condition using a Schedule 2 drug.

When engaging in a dialogue, the licensed pharmacist should gather specific information such as:

- 2.4.1 the condition or symptom(s) to be treated;
- 2.4.2 any previous history of complaint given as well as length of present symptoms;
- 2.4.3 current and relevant information regarding disease state(s), allergies and/or sensitivities;
- 2.4.4 current medications; and/or
- 2.4.5 other medications or therapies previously tried.

2.5 Dialogue must occur in a confidential manner.

2.6 A pharmacist may need to access and review the patient's health record in the Drug Program Information Network (DPIN) for further information or clarification before recommending a therapy.

2.7 The licensed pharmacist will enable the patient to make a choice and will discuss:

- 2.7.1 if recommending a drug therapy, directions for proper use and length of therapy, common adverse effects, and expected response or outcome or benefit(s);
- 2.7.2 non-drug treatments, if any;
- 2.7.3 follow-up with the licensed pharmacist or another health care professional if there is no improvement or if symptoms change or worsen;
- 2.7.4 the need for referral to another health care professional if the condition or symptom(s) are deemed to be serious in nature; if unsure of the diagnosis or if the situation cannot be appropriately treated with non-prescription drugs; and
- 2.7.5 the need for further dialogue with the patient directly (if a designate is involved or if a drug product is being delivered).

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2.8 A licensed pharmacist will document the patient interaction and any recommendation(s) in the patient's health record, if such documentation is deemed appropriate.

2.9 A licensed pharmacist shall not sell (distribute) or provide an Exempted Codeine Preparation, as defined under section 36 of the Narcotic Control Regulations under the *Controlled Drugs and Substances Act*, except as permitted by the Exempted Codeine Preparations Practice Direction.

2.10 A licensed pharmacist may refuse the sale of a Schedule 2 Drug.

## 3.0 Compliance Adjudication

All documentation must be readily accessible and open to regulatory review.

## 4.0 Appendices

Not applicable

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*A Practice Direction is a written statement of a regulatory position made by Council for the purposes of giving direction to members and owners about the conduct of their practice or pharmacy operations.*

*A Practice Direction carries similar legal weight to a Regulation under the Act and compliance by all Manitoba pharmacists and pharmacy license holders is expected.*

*The process for development, consultation, implementation, appeal and review is been published on the College website.*

Development Source:	Standards of Practice Committee
Regulatory Reference:	Sec 84(1), <i>The Pharmaceutical Regulations</i>
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