



College of Pharmacists of Manitoba

Provincial Prescription Regulation Summary Chart M3P and Non-M3P (Updated March 2024)

****NOTE: Temporary exemptions to M3P prescriptions transmission due to the COVID-19 pandemic are currently in place and are NOT reflected here. More information on the M3P COVID-19 exemptions can be found on your [Registrant Login](#).**

Table 1: Manitoba Prescribing Practices Program (M3P) Requirements*

CLASSIFICATION	DESCRIPTION	PRESCRIPTION REQUIREMENTS	REFILLS AND TRANSFERS	PURCHASE AND SALE RECORDS	FILES AND RECORDS
Narcotic Drugs e.g.: codeine morphine nabilone hydromorphone fentanyl ketamine Lomotil® Tylenol #4® Meperidine Tramadol Tramacet®	Drugs listed in the Schedule to the Narcotic Control Regulations (NCR) : 1. All single entity narcotics 2. All narcotics for parenteral use 3. Narcotic preparations with 1 narcotic + 1 active non-narcotic ingredient 4. All products containing oxycodone, hydrocodone, pentazocine, methadone or heroin	List of M3P Drugs can be found here . *IMPORTANT* : see note below the table for provincial prescribing and dispensing LIMITS for ALL OPIOID prescriptions . Must be written on a M3P form signed and dated by the authorized health practitioner (physician, nurse practitioner, dentist or a veterinary surgeon licensed in Manitoba). M3P form must be presented to the pharmacy within 3 days (in addition to the day the prescription was written).	Part Fills NO REFILLS, but part fills are permitted if prescriber states in writing the total quantity to be dispensed, the quantity of each fill and the specific time interval. Transfers Prescriptions cannot be transferred to another pharmacy.	All purchase and sale records of narcotic and controlled drugs must be recorded in a book, register, or other acquisition record (NCR Sect. 30 and 54 & FDR Sect. G.03.001 and G.04.002). Invoices must be retained in an easily retrievable manner for auditing purposes and kept for 5 years (Pharmaceutical Regulation Sect. 75)	All narcotic & controlled drug prescriptions must be kept in a separate file in sequence of date and numbers (NCR Sect. 40 & FDR Sect. G.03.009) and must be kept for 5 years from the last date filled. May be in written or electronic format.
Narcotic Preparations e.g., butalbital w/codeine (Fiorinal-C® 1/2)	A combination, for other than parenteral use, containing only 1 narcotic (other than the 5 listed above) + 2 or more active non-narcotic ingredients in recognized therapeutic doses.	NO VERBAL ORDERS. Methadone and buprenorphine/naloxone prescriptions for opioid agonist treatment must still be written on original M3P prescription forms but can be transmitted by fax. A note to clearly indicate the daily dosage must be included in addition to being written on the M3P form itself.			
Controlled Drugs Part I e.g., Dexedrine® Ritalin® Adderall® Pentobarbital	Drugs listed in Part I of Schedule G of the Food and Drug Regulations (FDR) , such as: - amphetamines - methylphenidate (for exceptions, see Table 2)	M3P forms are not required for Long Term Care/Personal Care Home Facilities or in-patients of a hospital.			

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CLASSIFICATION	DESCRIPTION	PRESCRIPTION REQUIREMENTS	REFILLS AND TRANSFERS	PURCHASE AND SALE RECORDS	FILES AND RECORDS
Controlled Drugs Part II Preparations e.g. Fiorinal® Tecnal® Phenobarbital w/codeine	A combination containing a controlled drug listed in Part II of Schedule G of the Food and Drug Regulations (FDR) such as: butalbital, butorphanol, pentobarbital, and barbituric acid.	See the College website for more information on: <ul style="list-style-type: none"> • List of drugs covered by the M3P • Practice Direction for M3P Information Entered into DPIN, • M3P prescriptions written by out of province prescribers, • Pharmacist Q & A on the M3P program; and, • The Manitoba Prescribing Practices Program (M3P) category on the College's Resource Library page. 	Same rules and requirements as immediately above.	Same rules and requirements as immediately above.	Same rules and requirements as immediately above.

IMPORTANT: note that the following Standards of Practice for **opioid** prescriptions:

- [College of Physicians and Surgeons of Manitoba \(CPSM\) Standard of Practice for Prescribing Opioids](#); and,
- [College of Registered Nurses of Manitoba \(CRNM\) RN\(NP\) Opioid Prescribing to Treat Non-Cancer Pain](#); and,
- [Manitoba Veterinary Medical Association \(MVMA\) By-Law No. 1 \(4-6-10 and 4-6-11\)](#),

only allow for prescriptions to be **written for a maximum of three months, with dispensing authorized for no more than a one-month supply at a time (regardless of M3P status)**. See [CPhM Companion Document](#) for more information.

* The M3P program is a provincial prescription monitoring program, specifically intended to minimize the risk for diversion of narcotic and controlled drugs.

Note: For all narcotic and controlled drugs, a perpetual inventory count must be maintained in written or electronic format. A physical inventory count must be conducted every 3 months and any discrepancies investigated. Please see College website for the [Narcotic & Controlled Drug Accountability Guidelines](#).

Note: Any theft or unexplained loss of any narcotic or controlled drug must be [reported to Health Canada and the College of Pharmacists of Manitoba](#) within 10 days of discovery. Additionally, local police must be informed of any theft without delay. For more information on this, including forgeries, please see the College website [here](#).

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****NOTE: Temporary exemptions to M3P prescriptions transmission due to the COVID-19 pandemic are currently in place and are NOT reflected here. More information on the M3P COVID-19 exemptions can be found on your [Registrant Login](#).**

Table 2: Prescription Drug Requirements (NON-M3P Drugs)

CLASSIFICATION	DESCRIPTION	PRESCRIPTION REQUIREMENTS	REFILLS AND TRANSFERS	PURCHASE AND SALE RECORDS	FILES AND RECORDS
Exempted Codeine Preparations e.g. Tylenol #1® Robaxacet-8®	Products containing codeine up to 8 mg/solid oral dosage form OR 20 mg/30mL of liquid + 2 or more active non-narcotic ingredients.	Prescription required as of February 1, 2016. Pharmacists may prescribe with quantity restrictions and follow the Exempted Codeine Preparations Practice Direction, Prescribing Practice Direction, and Prescribing and Dispensing Practice Direction.	<p>Part Fills Part Fills are allowed if prescriber states in writing or verbally the total quantity to be dispensed, the quantity of each fill and the specific time interval.</p> <p>Transfers Prescriptions <u>cannot</u> be transferred to another pharmacy.</p> <p>*IMPORTANT*: note that the following Standards of Practice for opioid prescriptions:</p> <ul style="list-style-type: none"> College of Physicians and Surgeons of Manitoba (CPSM) Standard of Practice for Prescribing Opioids; and, College of Registered Nurses of Manitoba (CRNM) RN(NP) Opioid Prescribing to Treat Non-Cancer Pain; and, Manitoba Veterinary Medical Association (MVMA) By-Law No. 1 (4-6-10 and 4-6-11), only allow for prescriptions to be written for a maximum of three months, with dispensing authorized for no more than a one-month supply at a time (regardless of M3P status) . See CPhM Companion Document for more information.	All purchase and sale records of narcotic and controlled drugs must be recorded in a book, register, or other acquisition record (NCR Sect. 30 and 54 & FDR Sect. G.03.001 and G.04.002). Invoices must be retained in an easily retrievable manner for auditing purposes and kept for 5 years (Pharmaceutical Regulation Sect. 75)	All narcotic & controlled drug prescriptions must be kept in a separate file in sequence of date and numbers (NCR Sect. 40 & FDR Sect. G.03.009) and must be kept for 5 years from the last date filled. May be in written or electronic format.
Narcotic Preparations (verbal prescription narcotics) - All narcotic preparations NOT covered under the M3P program e.g. Tylenol #3® Tylenol #2®	A combination, for other than parenteral use, containing only 1 narcotic + 2 or more active non-narcotic ingredients in recognized therapeutic doses.	Written prescription signed and dated by an authorized prescriber licensed to practice in Canada. Electronic and fax transmission permitted. Verbal prescription directly from an authorized prescriber to a pharmacist transcribed to a written prescription by pharmacist permitted.	(This column content is shared with the Exempted Codeine Preparations row)	(This column content is shared with the Exempted Codeine Preparations row)	(This column content is shared with the Exempted Codeine Preparations row)

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CLASSIFICATION	DESCRIPTION	PRESCRIPTION REQUIREMENTS	REFILLS AND TRANSFERS	PURCHASE AND SALE RECORDS	FILES AND RECORDS
Controlled Drugs – Part I and their preparations e.g. Vyvanse® Concerta® Biphentin® Foquest®	Drugs listed in Part I of the Schedule to Part G of the Food and Drug Regulations (FDR) . Controlled drug Part I preparations are combinations containing only one controlled drug listed in Part I of the Schedule to Part G + one (or more) active non-controlled, non-narcotic drug(s). Note: Vyvanse, Concerta, Biphentin, Foquest, and all of their generics were removed from the M3P list. All other Controlled Drugs (Part I) are still part of the M3P Program as in Table 1.	Written prescription signed and dated by an authorized prescriber licensed to practice in Canada. OR Electronic and fax transmission permitted. OR Verbal prescription directly from an authorized prescriber to a pharmacist transcribed to a written prescription by pharmacist permitted.	Part Fills If the original prescription is verbal, only part-fills are permitted if prescriber states the total quantity to be dispensed, the quantity of each fill and the specific time interval. Refills If the original prescription is written, refills are permitted if the prescriber indicates in writing the number of times the prescription may be refilled, and the dates or intervals between refills. Repeat PRN is unacceptable. Transfers Prescriptions <u>cannot</u> be transferred to another pharmacy.	Same rules and requirements as immediately above.	Same rules and requirements as immediately above.
	Controlled Drugs - Part II & III and their preparations Part II - e.g., phenobarbital Part III - e.g., testosterone Controlled Drug Preparations - e.g., Bellergal®	Drugs listed in Part II and III of the Schedule to Part G of the Food and Drug Regulations (FDR) , such as: - Barbiturates (except secobarbital & pentobarbital) - Anabolic steroids Controlled drug preparations are combinations containing only 1 controlled drug + 1 (or more) active non-controlled, non-narcotic drug(s)	Refills Refills on written or verbal prescriptions are permitted if the prescriber indicates the number of times the prescription may be refilled, and the dates or intervals between refills. Repeat PRN is unacceptable. Transfers Prescriptions <u>cannot</u> be transferred to another pharmacy.		

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CLASSIFICATION	DESCRIPTION	PRESCRIPTION REQUIREMENTS	REFILLS AND TRANSFERS	PURCHASE AND SALE RECORDS	FILES AND RECORDS
Benzodiazepines & Other Targeted Substances e.g., diazepam alprazolam clobazam	Drugs listed in the Schedule to the Benzodiazepines and Other Targeted Substances Regulations .	Written prescription signed and dated by an authorized prescriber licensed to practice in Canada.	<p>Part Fills and Intervals Note that the following Standards of Practice:</p> <ul style="list-style-type: none"> CPSM Standard of Practice for Prescribing Benzodiazepines & Z-Drugs; and, MVMA By-Law No. 1 (4-6-10 and 4-6-11), only allow for <u>benzodiazepine</u> prescriptions to be written for a maximum of three months, with dispensing to be authorized for no more than a one-month supply at a time . Please see CPhM Companion Document for more information.	For a period of 5 years, a record must be kept of all acquisition and sales of drugs, other than those sold at retail that do not require a prescription. (Pharmaceutical Regulation Sect. 75)	All prescriptions must be kept on file in numerical order and kept for 5 years from the last fill date. May be in written or electronic format.
		OR Electronic and fax transmission permitted.			
Other Prescription Drugs (Prescription Drug List) Formerly known as Schedule F to the Food and Drug Regulations.	All drugs listed in the Prescription Drug List (PDL) of the Food and Drug Regulations (FDR) or in Schedule I of the NAPRA National Drug Schedules (NDS).		<p>Refills Prescriber must indicate number of refills on the original written or verbal prescription. Repeat PRN unacceptable.</p> <p>Transfers Prescriptions are transferable.</p>		

Note: For all narcotic and controlled drugs, a perpetual inventory count must be maintained in written or electronic format. A physical inventory count must be conducted every 3 months and any discrepancies investigated. Please see College website for the [Narcotic & Controlled Drug Accountability Guidelines](#).

Note: Any theft or unexplained loss of any narcotic or controlled drug must be [reported to Health Canada and the College of Pharmacists of Manitoba](#) within 10 days of discovery. Additionally, local police must be informed of any theft without delay. For more information on this, including forgeries, please see the College website [here](#).