



What is naloxone and why do you need it?

Naloxone is an antidote to opioid overdose. Taking too much of opioid drugs (like morphine, oxycodone, methadone, heroin, or fentanyl) can slow or stop breathing. Naloxone restores consciousness in 1 - 5 minutes of use. Giving naloxone can prevent death or brain damage from lack of oxygen during an opioid overdose.

Signs of an Opioid Overdose



Not responsive to noise or touch



Breathing will be slow or absent



Choking, gurgling or snoring sounds



Lips or nails are blue, skin is cold or clammy



Pupils are tiny

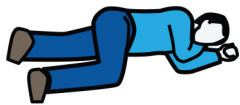
Overdose is a medical emergency - **CALL 9-1-1** | Tell attendant: Person is **not responsive** and **not breathing**.

Health Links: (204) 788- 8200 in Winnipeg or toll free 1-888-315-9257

MB Poison Centre: 1-855-776-4766

SAVE ME Steps

Follow the **SAVE ME** steps below to respond



If the person must be left unattended at any time, put them in the recovery position



STIMULATE

Unresponsive?
Call 911



AIRWAY

Check and open



VENTILATE

1 breath every 5 seconds



EVALUATE

Breathing?



MEDICATION

1 dose of naloxone



EVALUATE & SUPPORT

Wait 5 minutes. Another dose?

How to Give Breaths

1



Tilt head back to open the airway.

2



Pinch nose. Cover mouth with mask or clothing

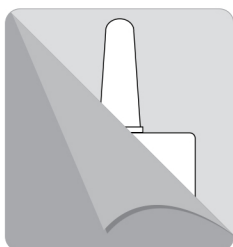
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Give 1 breath every 5 seconds.

Breathing can slow down during an overdose but the heart is probably still beating - Give breaths to keep them alive

How to Use Naloxone

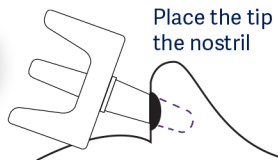
1



Peel the package open and hold the device

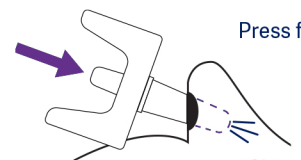
Do not press until ready to give naloxone

2



Place the tip in the nostril

3



Press firmly