



NALOXONE NASAL SPRAY TRAINING CHECKLIST RESPONDING TO AN OPIOID OVERDOSE

UNRESPONSIVE

- **Stimulate with noise** (shout, use their name)
- Touch (sternal rub), remember, tell the person what you are doing before you touch them

CALL 911

- Put the person in the recovery position if you have to leave them alone
- Give address and if possible **send someone to meet paramedics** at the door

CLEAR AIRWAY & VENTILATE

- Clear airway (removing anything from their mouth), tilt head, lift chin
- Pinch nose and give 2 breaths
- Continue **1 breath every 5 seconds until the person is breathing again**

GIVE 1ST DOSE

- Tilt head back supporting neck with hand
- Gently insert nozzle tip completely into one nostril and press plunger firmly to release the dose
- Do **not** prime nasal spray

EVALUATE & GIVE 2ND DOSE IF NEEDED

- **Continue to give breaths** until they respond (the person is breathing again on their own)
- **After 5 minutes, if the person is still unresponsive, give them a 2nd dose of naloxone**
- **Continue breaths** until the person is breathing on their own, or until paramedics arrive

AFTERCARE

- Naloxone wears off in 20-90 minutes
- The person will not remember overdosing (explain what happened)
- Monitor the person for at least 2 hours and do **NOT** allow them to take more opioids (they could overdose again)

REFILL

- Go to your nearest pharmacy to buy more naloxone