

3. Based on the learning needs identified above, identify at least three learning objectives that are personalized according to your learning needs for this independent study.

4. Describe the learning activities and resources (minimum of two) that you participated in or completed in order to meet your learning objectives. Even if a course or learning activity involves multiple resources (online modules and review of external websites), the course only counts as one resource.

5. Include the amount of time spent on each activity or resource listed in #4 (do not include time spent creating presentation slides or breaks).

6. Evaluate the independent study by assessing whether your learning needs and objectives were met. If the learning objectives were not met, what could have been done differently?

7. How will you apply your learning to your practice? What are next steps? Have any additional learning needs been identified?

8. Date(s) of completion:

9. Total CEU (add up the time from #5 and convert to CEU [1 hour = 1.00 CEU]):